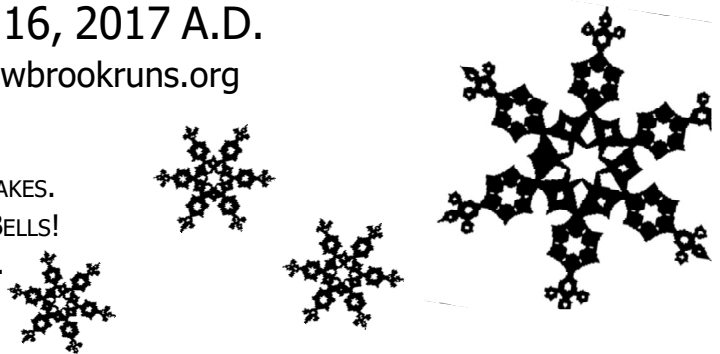


TWENTY THIRD ANNUAL  
**MEADOW BROOK 5K & FUN RUN**

SATURDAY, DECEMBER 16, 2017 A.D.

<http://www.meadowbrookruns.org>

7:30 - 8:45 A.M. LATE REGISTRATION AND PACKET PICKUP  
9:00 A.M. 5K (3.1 MILE) RACE. FINISH AROUND THE LAKES.  
10:00 A.M. FUN RUN (1.0 MILE). WEAR YOUR JINGLE BELLS!  
10:30 A.M. AWARDS CEREMONY AND PRIZE DRAWINGS.



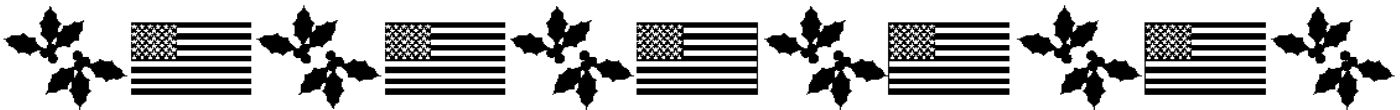
**DIRECTIONS:**

TAKE HIGHWAY 280 EAST, 3.3 MILES SOUTH OF I-459. RACES BEGIN AND END AT USAMERIBANK ON THE RIGHT.

**RACE FEATURES:**

BIRMINGHAM'S MOST BEAUTIFUL COURSE. PATRIOTIC CHRISTMAS T-SHIRTS, INDOOR FACILITIES, GIFT BAGS, PRIZES, AND GREAT FOOD! PRIZES FOR OVERALL WINNERS. LOVE BIRDS RELEASE. NORTON'S "FLOWERS FOR FINISHERS". "A TASTE OF 280"<sup>TM</sup>: JIMMY JOHN'S, CHICK-FIL-A, PAPA JOHN'S PIZZA, SPROUTS, YB'S DAYLIGHT DONUTS, SMOOTHIE KING, THE FRESH MARKET, BUFFALO ROCK, STARBUCKS. TIMING BY RACE KREWE. ENTRY FORMS PROVIDED BY YOUROFFICE USA, INTERNET SERVICES BY CAHABA WEB.

**ENTRY FEE:** VOLUNTARY TAX DEDUCTIBLE CONTRIBUTIONS TO "THE JESUS VIDEO PROJECT OF ALABAMA", A 501(C)(3) SHARING THE GOOD NEWS. \$15-25 MINIMUM SUGGESTED. T-SHIRT GUARANTEE FOR PRE-REGISTRATIONS BY 12/10/17 A.D.



CUT HERE

NAME \_\_\_\_\_ DATE OF BIRTH (M/D/Y) \_\_\_/\_\_\_/\_\_\_ MALE FEMALE  
(ONE ENTRY PER FORM)

ADDRESS \_\_\_\_\_ PHONE ( \_\_\_\_\_ ) \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_ WATCHED THE JESUS VIDEO? YES NO  
(NEEDED TO SEND RACE RESULTS AND INVITE YOU NEXT YEAR)

CIRCLE: 5K FUN RUN ; T-SHIRT SIZE: S M L XL

IN CONSIDERATION OF MY ACCEPTANCE AS A PARTICIPANT IN THE MEADOW BROOK 5K RUN AND/OR FUN RUN, I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS, ADMINISTRATORS, AND ASSIGNS RELEASE AND HOLD HARMLESS ALL SPONSORS AND THEIR AGENTS, SERVANTS, AND EMPLOYEES, AS WELL AS SHELBY COUNTY, CITY OF HOOVER, THE JESUS VIDEO PROJECT OF ALABAMA, DANIEL CORPORATION, AND THEIR REPRESENTATIVES, EMPLOYEES, OFFICIALS, AND ALL RACE VOLUNTEERS, FROM ANY AND ALL ACTIONS, LOSSES, AND DAMAGES INCURRED BY ME OR ARISING OUT OF OR IN CONNECTION WITH MY PARTICIPATION IN THE AFOREMENTIONED MEADOW BROOK 5K RUN AND/OR FUN RUN EVENTS. I WARRANT THAT I KNOW THAT RUNNING A ROAD RACE IS POTENTIALLY A HAZARDOUS ACTIVITY AND THAT I AM PHYSICALLY FIT AND HAVE TRAINED SUFFICIENTLY FOR THIS EVENT.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_  
PARENT OR GUARDIAN IF UNDER 19 YEARS OF AGE

MAKE CHECK TO: THE JESUS VIDEO PROJECT OF ALABAMA.  
MAIL ENTRY FORM AND CHECK TO: MEADOW BROOK RUNS; 3508 CHESHIRE DRIVE; BIRMINGHAM, AL 35242-3100.  
FOR MORE INFORMATION CALL: BOB COSBY (205) 991-6054, EMAIL JVPOA@juno.com

## The JESUS Video Project of Alabama, Inc.

- Distributed over 1.85 million JESUS videos
- JESUS available in over 1,440 languages
- Email: [JVPOA@juno.com](mailto:JVPOA@juno.com)

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Chick-fil-A - Inverness  
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Chuy's Birmingham  
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Cracker Barrel Old Country Store  
Crafts by Carolyn

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Dale's Southern Grill  
Demetri's Bar-B-Q  
Dick's Sporting Goods  
Dreamland Bar-B-Que  
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Firestone Tire & Service Center  
First Priority  
First Watch Daytime Cafe  
Fleming's Prime Steakhouse  
Four Corners Framing  
Fred Astaire's  
Freddy's  
Full Moon Bar-B-que  
Golden Corral  
Golden Flake Snack Foods  
Golden Rule BBQ - Irondale  
Great Clips for Hair - Greystone  
Grille 29  
Hamburger Heaven  
Havoline Texaco Xpress Lube  
Homewood Diner  
Homewood Sporting Goods  
Hunan Chinese Cuisine  
International House Of Pancakes  
Inverness Golf & Repair  
IXTAPA Mexican Grill  
Jack's  
Jan's Hallmark Shop  
Jason's Deli  
Jazzercise  
JaWanda's Sweet Potato Pies  
JESUS Video Project of Alabama  
Jimmy John's  
Johnny Ray's  
Las Trojas Cantina  
Life Way Christian Stores  
Little Donkey  
Lloyd's Restaurant

Logan's Roadhouse  
Longhorn Steakhouse  
Love Birds Inc.  
M&M Jewelers  
Magic City Daylight Donuts  
Majestees  
Maki Fresh  
Marco's Pizza  
McDonald's  
Meadow Brook Baptist Church  
MeadowBrook Homeowners Association  
Mellow Mushroom Pizza Bakers  
Men's Wearhouse  
Merle Norman Cosmetic Studios  
Metro Diner  
Michael's Arts & Crafts  
Milo's Hamburgers  
Ming's Cuisine  
Mister Car Wash  
Moe's Southwest Grill  
Momma Goldberg's Deli  
Mooyah  
Mountain High Outfitters  
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Norton's Florist  
Nothing Bundt Cakes  
O'Charley's  
OfficeMax/OfficeDepot  
Orange Theory Fitness  
Outback Steakhouse  
Panera Bread Cafe  
Papa John's Pizza  
Pastry Art Bake Shoppe  
Perrin & Son  
Perry's Steakhouse & Grille  
P. F. Chang's China Bistro  
Pizza Hut  
Planet Fitness  
Publix  
Race Krewe  
Ranelli's Deli & Café

Red Lobster  
Romano's Macaroni Grill  
Rosegate Design  
Ruth's Chris Steakhouse  
Saigon Noodle House  
Salem's Diner  
Sam's Club  
Sanpeggio's Pizza  
Santa Fe Day Spa  
Satterfield's  
Savage's Bakery & Deli  
Seasons 52 Fresh Grill  
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Sonic Drive-in  
Southeastern Jewelers  
Southern Legacy BBQ  
Southern Museum of Flight  
Sport Clips  
Sprouts Farmers Market  
Staples  
Starbucks Coffee Co.  
Static Fit  
Style Encore  
Sweet Frog Frozen Yogurt  
Taco Mama - Summit  
Taziki's Cafe  
The Cheesecake Factory  
The Fish Market Restaurant  
The Fresh Market  
The Gingerbread Lady  
The Melting Pot  
The UPS Store - Inverness  
The UPS Store - Lee Branch  
Tidmore Flags  
Trak Shak  
Urban Cookhouse  
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